



SHORT FITNESS CENTER

ZOMBIE SURVIVAL CHALLENGE

WED OCT 30 | 7AM

6:45 WARM-UP

Survive the course & evade the Zombies!

Wear Halloween Costumes and/or PT/Fitness Attire

FREE!

- 4-person Team Event. (Max of 12 Teams.)
- Teams will be timed and will compete to finish the fastest.
- Prizes for winning team.
- All participants will receive fitness towels and be a part of the Group Photo for the photo board.
- Snacks and refreshments will be provided.
- Volunteers needed. Sign-up at Short Fitness Center.

