

# 4th OF July

**RED, WHITE & BLUE  
5K FUN RUN!**

**Thursday, July 1st • 7am**  
**Bay Palms Golf Complex**

**Refreshments Provided • Runners & Walkers Welcome**



Wear your best 4th of July gear. Each group (walkers or runners) will be put into groups of 10 max participants. Groups will run in heats with two minutes separating each group of 10. Masks must be worn before the start of the race. Mask wearing while running will be up to the runner/walker.