

SHORT FITNESS CENTER

# 2024 SPECIAL EVENTS CALENDAR



## JANUARY

**Wing Sports Day**  
Friday, January 26

**Biggest Loser Competition**  
Monday, January 8 – Friday, March 8

## APRIL

**Boots on the Court**  
Tennis Camp | Saturday, April 6

**April Fool's Mystery Event**  
Friday, April 12

## MAY

**May Fitness Month**  
Wednesday, May 1– Friday, May 31

**Mighty Muscle-Up Course**  
Friday, May 17

## JUNE

**Stuck with Your Ruck Bayshore Pad**  
Run/Walk  
Friday, June 28

## JULY

**Fourth of July 3K/5K**  
Run/Walk  
Wednesday, July 3

## AUGUST

**Indoor Cycling 5K**  
Friday, August 9

## SEPTEMBER

**Strength Squad Competition**  
Saturday, September 7

**Air Force Birthday 3K/5K**  
Run/Walk  
Wednesday, September 18

## OCTOBER

**Quick Creepy Cauldron Workouts**  
Wednesday, Oct 30

## NOVEMBER

**Turkey Trot 3K/5K**  
Run/Walk  
Friday, Nov 22

## DECEMBER

**Winter Runderland 3K/5K**  
Run/Walk  
Friday, Dec 13

