



SHORT FITNESS CENTER

RED WHITE BLUE

5K

THURSDAY

JUNE 30, 2022, 7AM

(6:45AM WARMUP)

SHORT FITNESS CENTER SOUTH FIELD

KICK OFF YOUR 4TH OF JULY WEEKEND

RUN JOG WALK

WEAR YOUR BEST RED, WHITE AND BLUE OUTFIT

DEPARTMENT OF THE AIR FORCE



FITNESS & SPORTS

FREE

PRIZES FOR TOP RUNNERS



MACDILLFSS.COM/SHORT-FITNESS-CENTER/

