

OCTOBER 2021

CHILDREN/FAMILIES
EMPLOYMENT
PERSONAL FINANCES
RELOCATION
READINESS/DEPLOYMENT
TRANSITION (TAP)

MILITARY & FAMILY READINESS

macdillfss.com/military-family-readiness



Register for all classes by scanning the code above with your phone's camera



SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	GROUP INITIAL & PRE-SEP COUNSELING TIER 2 EVERY MONDAY AND WEDNESDAY 12PM - 4PM		GROUP INITIAL & PRE-SEP COUNSELING TIER 2 EVERY MONDAY AND WEDNESDAY 12PM - 4PM	PRE-DEPLOYMENT/REMOTE TOUR BRIEFING EVERY THURSDAY 1PM - 2PM	HEARTLINK (VIRTUAL) 8:30AM - 1:30PM	1 2
3	DORM DEPARTURE PROGRAM (D2) 10AM - 11AM	5	CREDIT REPORTS & SCORES (VIRTUAL) 11AM - 12:30PM	6	NEWCOMER'S ORIENTATION 7:45AM - 11:45AM	7 8 9
10	11  HAPPY Columbus Day	12 KEY SPOUSE REFRESHER TRAINING (VIRTUAL) 9AM - 10:30AM KEY SPOUSE CONTINUING ED TRAINING (VIRTUAL) 11AM - 12:30PM & 5PM - 6:30PM RESUME WRITING 101 - PRIVATE INDUSTRY 1PM - 2:30PM	13 FEDERAL EMPLOYMENT NETWORK SESSION 9AM - 1PM UNDERSTANDING TSP (VIRTUAL) 11AM - 12:30PM	14	15 	16
17	18 DORM DEPARTURE PROGRAM (D2) 10AM - 11AM	19 LIFE IN BALANCE: RELAXATION & STRESS RELIEF (VIRTUAL) 11:30AM - 1PM INTERVIEW SKILLS 1PM - 2:30PM	20 EFMP FAMILY FL AQUARIUM DAY 11AM - 3PM 	21 FEDERAL RESUME WRITING 9AM - 12PM HOME-BUYING WORKSHOP (VIRTUAL) 1PM - 3PM	22	23
24/31	25 	26 BUNDLES FOR BABIES 8:30AM - 12:30PM	27	28	29 LINKEDIN 9AM - 4PM CAREER FAIR 11AM - 2PM	30

CALENDAR & CLASS SCHEDULES ARE SUBJECT TO CHANGE WITHOUT NOTICE

CHILDREN/FAMILIES

1 Oct Heart Link (Virtual) 8:30am - 1:30pm

This workshop is an orientation for spouses with less than 5 years of military (Air Force, Space Force, Army, Navy, Marines, and Coast Guard) experience.

12 Oct Key Spouse Refresher Training (Virtual) 9am - 10:30am

Refresher training for Key Spouses PCSing to MacDill.

12 Oct Key Spouse Continuing Education Training (Virtual) 11am - 12:30pm & 5pm - 6:30pm

Subject specific quarterly Key Spouse training. Must have commander appointment letter on file.

19 Oct Life in Balance: Relaxation and Stress Relief (Virtual) 11:30am - 1pm

Objectives for this presentation include maintaining a good work/life balance, identifying stressors, recognizing the signs and symptoms of stress, practicing stress management strategies, reducing overall stress, and developing relaxation skills.

26 Oct Bundles for Babies 8:30am - 12:30pm

Are you expecting baby? If so, attend one of our Bundles for Babies sessions that we host. Representatives from multiple base agencies will provide information and services to assist participants in preparing for the arrival of their new baby. During this workshop, you will receive a Bundle of information, resources, and a special gift.

27 Oct EFMP Family FL Aquarium Day 11am - 3pm

Family sensory experience as families explore the Florida Aquarium. Sensory kits & social stories provided.

EMPLOYMENT

12 Oct Resume Writing 101-Private Industry (Location TBD) 1pm -2:30pm

Create a resume to get you the interview. Learn the basic of resume constructions, different formats for targeting good employment opportunities and cover letters that get the employer's attention.

13 Oct Federal Employment Network Session (TBD) 9am-1pm

The MacDill Military Family Readiness Center is seeking to build a collaborative employment network resource for Transitioning Service Members, Veterans, and Military Spouses. You, and/or a representative of your agency have expressed interest in recruiting and hiring direct appointments to enhance diversity and inclusion. The focus of this meeting is for collaboration.

19 Oct Interviewing Skills (TBD) 1pm - 2:30pm

This workshop helps you learn the techniques involved in the interviewing process and how to handle salary issues and questions.

21 Oct Federal Resume Writing (TBD) 9am-12pm

This workshop helps you create a resume that will get you the interview. Learn the basic resume constructions and different formats for targeting good employment opportunities and cover letters that get the employer's attention.

29 Oct LinkedIn 9am - 4pm

Unlock the secrets of LinkedIn by building and maximizing a profile and learn how to job search and network effectively through the #1 professional networking social media site. Professional and complimentary head shot is included.

29 Oct Career Fair (TBD) 11am - 2pm

Recruiting event with multiple employers participating. Have your resumes ready and dress for success!

PERSONAL FINANCES

4 & 18 Oct Dorm Departure Program {D2 Program} (Virtual) 10am - 11am

Are you planning to move out of the dorms in 3, 6, or even 12 months? This class is designed to assist you in researching, saving, and planning for your new space.

6 Oct Credit Reports and Scores (Virtual) 11am -12:30pm

Join us to discuss ways to improve your credit score and correct mis-information; simple techniques and procedures can save you thousands of dollars.

8 Oct Estate Planning (Virtual) 9am - 11am

This workshop will discuss the various components that makes up an individual's estate, (such as wills, life insurance, bank, property, and investment accounts), and explains what happens to an estate after death.

13 Oct Understanding TSP (Virtual) 11am - 12:30pm

How much do you really know and understand about the Thrift Savings Plan? Join the M&FRC as we discuss the ins and outs of TSP. This class is for military and civilian TSP investors.

21 Oct Home-buying Workshop (Virtual) 1pm - 3pm

Topics discussed include 1) choosing a realtor, 2) VA Home-buying, and 3) financing your future home.

RELOCATION

7 Oct Newcomers Orientation (TBD) 7:45am - 11:45am

Mandatory briefing for new personnel arriving to MacDill. This briefing covers information specific to MacDill, the local community, and provides helpful resources. Spouses are highly encouraged to attend.

READINESS/DEPLOYMENT

Pre-Deployment/Remote Tour Briefing (Virtual) is offered Thursday's, 1pm to 2pm.

This briefing covers multiple topics to include, emotional cycles of deployment/unaccompanied tour, family, and support services offered to deployed/remote tour members and their families. Spouses are highly encouraged to attend our weekly briefings. Email 6FSS.FSH.MFReadiness@us.af.mil to register.

TRANSITION ASSISTANCE PROGRAM (TAP)

All Transition workshops are virtual.

Email 6FSS.FSH.TAP@us.af.mil to register for TAP related briefings below.

Group Initial & Pre-Separation Counseling Tier 2

Every Monday & Wednesday, 12pm - 4pm

To get started visit our TAP Webpage, view steps 1 & 2
macdillfss.com/mfrc_tapresources

Individual Initial & Pre-Separation Counseling Tier 1 & 3

2-hour appointment, per member schedule

To get started visit our TAP Webpage, view steps 1 & 2
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