

KAYAKING

7 Aug 2021

2-Hour Kayaking at Silver Spring State Park (Ocala, FL)



7am - 3pm • Cost: \$15pp • R4R: \$10pp. Register & Pay NLT 1 Aug

Bring your family or a friend for an unforgettable 2 hour adventure on crystal clear waters at Silver Springs. Participants will see an abundance of wildlife from above the water to below the water such as deer, turkey, fox squirrels to turtles, manatees, various fish and aquatic birds. Please bring snacks and drinks. Wear clothes you don't mind getting wet & towel for afterwards.

In order to participate in this activity, one must have the ability to enter and exit the watercraft independently or with the assistance of a companion, remain seated and balanced using adaptive support (if needed) and paddle through the water in a stable and controlled manner independently or with the assistance of a companion. In the event of a capsize, one must have the ability to get out from under the watercraft independently and right oneself and remain face-up in the water with the aid of a personal flotation device. Must have the ability to follow verbal and/or visual instructions independently or with the assistance of a companion. Must have the ability to withstand exposure to the outdoors for as long as one chooses to attend. Must have the ability to traverse uneven and unstable terrain for up to 1,000 feet independently or with the assistance of a companion.

**** All Adventure Trips will adhere to latest CDC guidelines for COVID-19****

Meet at the Parking Lot next to the FamCamp Office (Bldg. 612)

Call the FamCamp at (813) 840-6920, Mon-Sat for reservations.

**Recharge for Resiliency (R4R) Provides resources for outdoor centric, high adrenaline, post deployment stress reduction through FSS Outdoor Recreation Centers for Active Duty and Single Airman along with their families at a reduced price.*



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