

///// SHORT FITNESS CENTER

BEACH DAY RELAY



FRIDAY
AUG 12TH

7:15AM

3 EVENTS

100M DASH
SAND CASTLE BUILD
100M BUCKET CARRY

TEAMS OF 4

MACDILL BEACH

4 TEAMS
NEEDED TO
HOST EVENT

FREE

REGISTER YOUR TEAM AT: 6FSS.FSVS.FITNESSPROGRAMS@US.AF.MIL



For More Info Call:
828-4496

