

The Links

Beef Hot Dog	2.50
Smoked Sausage	3.25
Hot Link	4.00

Grilled onions upon request

Putts-n-Chips

(Sides & Bowls)

Fries or Sweet Potato Fries	2.25
Onion Rings	2.75
Chips	1.25
Cheez-Its	1.00
Soup of Day	2.75
Cup of Chili	2.95
Side Salad	1.75
Fresh Fruit Cups	2.95

Mini Golfers

Children under 12yrs old

Includes cookie or seasonal fruit & a small fountain drink

Fries n' Chicken Strips (2)	5.50
-----------------------------	------

Choice of sauce: sweet-n-sour, BBQ or ranch

Fries n' Slider (1) Plain or cheeseburger	5.95
---	------

Refueling Station

Medium Fountain Drink (12oz)	1.25
Large Fountain Drink (16oz)	1.50
Iced Tea	1.50
Bottled Water	1.50
Bottled Soda/Gatorade	1.75
Coffee	1.50
Coffee Refill	.75
Hot Tea	2.50
Orange Juice	1.75

Swing Oil

Domestic Beer - Draft	3.25
Domestic Beer - Pitcher	5.95
Domestic Beer - Can	3.25
Premium on Tap	5.50
Craft on Tap	6.25
Wine	3.00

"Grab & Go" Available

Salads, Sandwiches, Power Eats Bowls, Snacks & MORE!



8 Iron Grill

(813) 828-1507

1803 Golf Course Ave, Bldg. 726
MacDill AFB, FL • 33621



rev. 11/09/20

BAY PALMS GOLF COMPLEX



Breakfast • Lunch • Grab & Go



Open Tue-Sun

Breakfast served 6:30-10:30am

Grill open 10:30am-1:30pm

Grab & go available 6:30am-1:30pm

Call Ahead Orders & Take-Out Available

(813) 828-1507



*We are
Tax Free!*

www.macdillfss.com

The First Tee

Breakfast served 6:30-10:30am

SOS	4.95
<i>Country sausage gravy served on a biscuit, toast or hashbrowns</i>	
Hole-in-ONE	5.25
<i>Two eggs cooked to-order, hashbrowns, choice of meat and toast, biscuit or English muffin</i>	
Pancake Plate	4.50
<i>2 fluffy pancakes & syrup, 2 eggs cooked-to-order and choice of meat</i>	
Breakfast Sandwich	3.75
<i>Egg, choice of meat, cheese and choice of bread or English muffin</i>	

Have it Your Way

Breakfast Burrito (12" tortilla)
Served with Salsa

Egg Omelet
3-Egg

Bomber	3.95
<i>Eggs, hashbrowns, choice of meat & cheese</i>	
8 IRON	3.00
<i>Eggs, choice of meat & cheese</i>	
Deluxe	4.25
<i>Eggs, bell peppers, onions, tomatoes, choice of meat & cheese</i>	
Greenskeeper*	4.00
<i>Egg whites, bell pepper, tomatoes, onions and cheese</i>	

XTRAS

<u>Meats:</u> Sausage 1.50, Bacon 1.00, Turkey Links 1.25 or Ham 1.50	
Toast (White or Wheat), Biscuit, or English Muffin with Jelly	1.25
Cereal with Milk	2.75
Oatmeal	2.25
Home-Style Grits	1.50
Hashbrowns	1.50
Muffins/Pastries	1.75
Fresh Fruit Cups	2.95
Hard Boiled Egg or Egg-to-Order	1.25
Pancakes (3) with Syrup	2.25

Grill open 10:30am-1:30pm
Grab & go available 6:30am-1:30pm

The Birdie "Chicken your Way"

All served with choice of garden salad, fries or sweet potato fries

 Marinated Grilled Chicken Breast	7.25
<i>Fresh chicken breast marinated in Italian dressing served with lettuce & tomatoes on a Kaiser Bun</i>	
ChickieBlue	7.50
<i>Grilled fresh chicken breast topped with ham and melted Swiss cheese served with lettuce & tomatoes on a Kaiser bun</i>	
Buffalo Chicken Wrap	6.50
<i>Crisp chicken tenders, lettuce & tomato, blue cheese dressing and buffalo sauce wrapped in a flour tortilla</i>	
Plant Based Nuggets* (4) (Meatless)	5.75
Chicken Strips (4)	5.50
<i>Choice of sauce: sweet-n-sour, buffalo, BBQ or ranch</i>	

All About the Greens


Power Eats Quinoa Bowls

Summer Blend*	6.75
<i>Cherry tomatoes, corn, peppers & onions, topped with feta cheese and a drizzle of lemon dill vinaigrette dressing refreshes any hot day. Served on a quinoa-kale mix.</i>	
Mandarin*	6.75
<i>Mandarin oranges, quinoa, shoestring carrots, diced green onion, sesame seeds and chicken. Served with Asian dressing.</i>	

8 Iron Salads

Grilled Chicken Caesar	5.95
<i>Fresh greens with tomatoes, parmesan cheese, croutons and grilled chicken</i>	
Garden Salad	3.75
<i>Fresh array of greens with shredded carrot and tomatoes</i>	

Keto Plates

Tuna Salad with Boiled Eggs*	5.50
<i>Tuna with mayonnaise, celery and scallions, lemon zest, mustard, eggs, romaine lettuce, cherry tomatoes and olive oil.</i>	
 Chicken Fajita Bowl*	5.95
<i>Romaine lettuce, cherry tomatoes, avocado, cilantro, tex-mex chicken, onion, green bell pepper, Mexican cheese and sour cream.</i>	


*Smart Fueling Initiative

On Fire – Steak Burgers & Buns

All burgers served with lettuce, tomatoes, pickles and grilled red onions (optional) on a Kaiser Bun

Choice of cheese: Swiss, American or Provolone

All served with choice of garden salad, fries or sweet potato fries

Steak Burger – Plain or with Cheese	6.50
BacoNation	7.25
<i>Bacon & choice of cheese</i>	
Cordon Blue	6.95
<i>Ham & Swiss cheese grilled on burger</i>	
In-the-Dark	6.95
<i>Grilled mushrooms & provolone cheese</i>	
 Blue n' Onion Burger	7.50
<i>Blue cheese crumbles & crisp onion rings</i>	
Flight of Burgers (3 sliders)	7.25
<i>Choose 3 of your favorite toppings.</i>	
Turkey Burger*	5.50
Beyond Burger* (Plant based)	6.95



Beef Up Your Burger Toppings

75¢ each

Bacon, jalapeños, sautéed mushrooms, grilled onions, extra cheese or sautéed peppers

The SandWedge

All served with choice of garden salad, fries or sweet potato fries

 Texas Toast Grilled Cheese	3.25
<i>No slices here - Chunks of cheddar!</i>	
Add Ham or Turkey	+ 1.50
Philly Cheese Steak	6.50
<i>Thinly sliced sirloin, sautéed onions & peppers, provolone cheese on a hoagie roll</i>	
The Club	5.75
<i>Roasted turkey, ham, bacon, lettuce, tomato, cheese and mayo served on choice of toasted bread</i>	
 Cubano	5.95
<i>Ham, salami, pork, Swiss cheese, lettuce, tomato, pickles, red onion on pressed Cuban bread</i>	
Fish	6.25
<i>Battered white fish sandwich on Kaiser roll served with tartar sauce</i>	

 8 Iron Signature Item