



EXCEPTIONAL FAMILY MEMBER PROGRAM



MARCH 2026 NEWSLETTER

• HELLO •

March

EXCEPTIONAL FAMILY SUPPORT COORDINATORS/NAVIGATOR

TA'NASHEA MCLEOD, SHALANDA WIDEMAN,
ANGELA OCAMPO & MARNA STILLMAN

LOCATED IN
MILITARY & FAMILY READINESS CENTER:
8105 CONDOR STREET BLDG 18
813-828-0122 EMAIL: 6FSS.FSH.EFMP

VISIT OUR ONE STOP FOR ALL THINGS EFMP AT:
[HTTPS://MACDILLFSS.COM/EFMP](https://macdillfss.com/efmp)



MARCH IS DEVELOPMENTAL DISABILITIES AWARENESS MONTH

We encourage you to support by joining forces to highlight the ways in which people with and without disabilities unite to form strong communities. Individuals with and without disabilities can share their experiences through social media post, stories, photos and videos.

For more information on Developmental Disabilities Awareness Month, visit <https://nacdd.org/ddam/>.



In 1987, President Reagan recognized March as Developmental Disabilities Awareness Month to increase “public awareness of the needs and the potential of Americans with developmental disabilities” and to provide the “encouragement and opportunities they need to lead productive lives and to achieve their full potential.”

According to the **Centers for Disease Control and Prevention** (CDC), developmental disabilities are defined as impairments in physical, learning, language or behavior areas, and include:

- Autism spectrum disorders
- Cerebral palsy
- Attention-deficit/hyperactivity disorder
- Learning or intellectual disabilities
- Hearing loss
- Vision impairment
- Other developmental delays

EFMP PARTNERS



EFMP TRIAD

EFMP Medical:

Identification & Enrollment:

813-827-9909

(located in Patient Admin of MacDill Clinic)

EFMP Assignments:

813-828-2005

PCS & Personnel Actions: (located in MPF)

EFMP Family Support:

813-828-0122

Non-medical Case Management, resource & referral

(located in Military & Family Readiness office)

SISTER SERVICE CORNER

**ARMY FAMILY SUPPORT
FOR ARMY SPECIFIC ASSISTANCE**

PLEASE CONTACT

MS. MARNA STILLMAN

813-828-0142 or marna.stillman.ctr@us.af.mil

VISIT OUR ONE STOP FOR ALL THINGS EFMP AT:

[HTTPS://MACDILLFSS.COM/EFMP](https://macdillfss.com/efmp)

MACDILL AFB ARMY SYSTEMS NAVIGATOR

EFMP-FS PRESENTS

SISTER SERVICE SUPPORT GROUP

Join the MacDill Army EFMP Systems Navigator and Camp Bull Simons ACS EFMP Systems Navigator for this virtual support group! An inclusive, supportive environment to gather and connect with EFMP Army families. Each session will give families the time and space to address their concerns, share valuable knowledge, and create new relationships.



27 March



1100-1200



Please register to receive
the zoom link :)



TO REGISTER...

Call 813-828-0142 or
Email marna.stillman.ctr@us.af.mil

EFMP Family
Support



EFMP Family
Support

MACDILL AFB SCHOOL LIAISON PROGRAM

DEPARTMENT OF THE AIR FORCE



**SCHOOL LIAISON
PROGRAM**

SCHOOL LIAISON PROGRAM

AIMS TO CONNECT SCHOOL, FAMILIES AND COMMUNITIES
IN ORDER TO MEET THE EDUCATIONAL NEEDS OF
MILITARY CONNECTED CHILDREN (K-12).

CONTACT INFO: DR. VENETIA D. WATERS
6FSS.FSY.SLO@US.AF.MIL
813-828-0146 / BUILDING 18

OFFICIAL WEBSITE:
SCHOOL LIAISON PROGRAM:
[HTTPS://MACDILLFSS.COM/SCHOOL-LIAISON-PROGRAM/](https://macdillfss.com/school-liaison-program/)



EFMP Family
Support

MACDILL AFB SCHOOL LIAISON PROGRAM



PARENT WORKSHOPS



12-1 PM



MacDill School
Age Program
2410 Florida Keys
Ave.

1/15/2026 - Military Life Challenges

2/18/2026 - Power of Connection

4/15/2026 - Collaborative Parenting

8/12/26 - Resiliency During Uncertainty



MacDillFSS.com



EFMP Family
Support

TRAININGS, EVENTS, & WORKSHOPS

31 MARCH 2026
1100am - 100pm

Limited Slots
Register Now!

Family Fun

at the

Florida Aquarium

For EFMP & Hearts Apart Deployed Affected Families Only

To Register Email:
6FSS.FSH.EFMP@US.AF.MIL



 **EFMP** Exceptional Family Member Program

 **HEARTS APART**

 **MILITARY & FAMILY READINESS**

 **FORCE** SUPPORT SQUADRON
MACDILL AIR FORCE BASE

TO REGISTER EMAIL:
6FSS.FSH.EFMP@US.AF.MIL

VISIT OUR ONE STOP FOR ALL THINGS EFMP
AT: [HTTPS://MACDILLFSS.COM/EFMP](https://macdillfss.com/efmp)

TRAININGS, EVENTS, & WORKSHOPS

TO REGISTER EMAIL:
6FSS.FSH.EFMP@US.AF.MIL



FAMILY FUN DAY for military & special needs children

SUNDAYS

APR 12, 2026 | MAY 17, 2026 | OCT 25, 2026 | DEC 6, 2026

TIME & LOCATION

1:30PM - 3:30PM
10401 Woodstock Rd, Ocala, FL 33556

- ★ pony rides for kids 12 years & younger
- ★ quality time with four-legged friends
- ★ pony painting
- ★ arts & crafts
- ★ lunch provided
- ★ face painting

Please RSVP at: quantumleapfarm.org/ffd

MISSION: *Transforming lives by harnessing the healing connection between humans and horses through equine-assisted therapies.*

EFMP-FS PRESENT

WELLNESS YOGA

Register Now JOIN US

EVERY FIRST THURSDAY | 7:30 PM - 8:30 PM
05 FEB, 05 MAR, 02 APR, 07 MAY,
04 JUN, 02 JULY, 06 AUG, 03 SEPT,
01 OCT, 05 NOV, 03 DEC

TO REGISTER EMAIL:
6FSS.FSH.EFMP@US.AF.MIL
YOGA LOFT TAMPA

2002 E. 5th St Unit 102
Tampa, FL 33605

EFMP Exceptional Family Member Program

FORCE SUPPORT SOLUTIONS

QLF
FAMILY FUN DAYS
APR 13TH
TO REGISTER VISIT:
EMAIL: 6FSS.FSH.EFMP@US.AF.MIL
&
[HTTPS://WWW.QUANTUMLEAP
FARM.ORG/FFD](https://www.quantumleapfarm.org/ffd)

VISIT OUR ONE STOP FOR ALL THINGS EFMP AT:
[HTTPS://MACDILLFSS.COM/EFMP](https://macdillfss.com/efmp)

TRAININGS, EVENTS, & WORKSHOPS

MACDILL EFMP 201 TRANSITIONS BRIEF

EXCEPTIONAL FAMILY MEMBER PROGRAM



Navigating life transitions can be difficult. MacDill EFMP Team is committed to helping you plan ahead. Whether you are retiring or supporting a dependent EFM through a significant life change. Speak directly to your subject matter experts.



- EFMP Family Support Program Team
- School Liaison Program Manager
- Vocational Rehabilitation-FL DOE
- MacDill Legal-Special Education
- Tricare representative
- MPF Secondary Dependency/Incapacitated Adult
- FL Agency for Persons with Disabilities (APD)
- Special Needs Alliance- (Guardianship, Special Needs Trust & more!)

Join our virtual brief!

2026

TUESDAYS
10:30AM-12:30PM

MAR 10
JUN 9
SEPT 8
DEC 8

ZOOM Meeting ID:
160 3265 9210
Passcode: EFMP201

See our EFMP One Stop page:
<https://macdillfss.com/efmp>

+1-813-828-0122/0136



For questions or assistance please email:

6fss.fsh.efmp@us.af.mil



EFMP Family Support

JOIN VIA ZOOM:
ID: 16067845282
PASSCODE: EFMP101

TO REGISTER EMAIL:
6FSS.FSH.EFMP@US.AF.MIL
JOIN VIA ZOOM
ID: 16032659210
PASSCODE: EFMP201



MACDILL EFMP FAMILY SUPPORT PRESENTS VIRTUAL TRAINING 2026



DO YOU KNOW ALL OF THE THINGS EFMP FAMILY SUPPORT CAN DO FOR ACTIVE-DUTY AIR FORCE & SPACE FORCE SERVICE MEMBERS AND THEIR FAMILIES?

TOPICS COVERED:

- *AIR FORCE/SPACE FORCE DAF FAMILY VECTOR
- *INDIVIDUALIZED FAMILY NEEDS ASSESSMENTS
- *EFMP AIR FORCE/SPACE FORCE GRANTS
- *SPECIAL EDUCATION RESOURCES
- *CHANGES TO AIR FORCE RESPITE CARE PROGRAM

DATES: 21 JAN, 18 FEB, 18 MAR, 15 APR, 20 MAY, 17 JUNE, 15 JUL, 19 AUG, 16 SEPT, 21 OCT, 18 NOV, 16 DEC

IN PERSON & VIRTUAL

(ZOOM CODE: 160 3265 9210 PASSCODE: EFMP101)

FROM 1000-1100

TO REGISTER:

EMAIL: 6FSS.FSH.EFMP@US.AF.MIL OR CALL 813-828-0122



MARCH 2026

TRAININGS, EVENTS, & WORKSHOPS

FOR MORE
INFO VISIT:

[HTTPS://APD.MYFLORIDA.COM/](https://apd.myflorida.com/)

OR CONTACT US AT

6FSS.FSH.EFMP@US.AF.MIL



EFMP Exceptional Family Member Program

Air Force Military Family Readiness Center brings you
LRP Publications' *Special Ed Connection*® and
DirectSTEP® eLearning courses **FREE** of charge!

Special Ed Connection® (www.specialedconnection.com)

provides resources and tools that Air Force Staff and parents can use to gain a clear understanding of special education requirements and services and how they work. From legal rights to practical application and from student referrals to IEPs, *Special Ed Connection*® explains specific procedures and provides real-world application strategies so parents can learn the complexities surrounding special education supports and services.



For more information, contact your local Military Family Readiness Center EFMP Coordinator or School Liaison Officer

DirectSTEP® eCourses explain legal requirements and best practices for behavior management, autism, IDEA eligibility, IEPs and more. They also teach parents and educators how to handle critical education issues to obtain positive outcomes while applying education laws to the day-to-day world of teaching and learning. These eCourses are available for use by all Air Force staff, parents, Military/DoD personnel assigned to Air Force installations and K-12 educators serving military children.



With each eCourse you will:

- ▶ Receive the highest quality training developed by respected special education experts.
- ▶ Learn at your own pace for the greatest possible comprehension and retention.
- ▶ Take courses based on individual training needs and interests.
- ▶ Engage in learning through quizzes and activities.
- ▶ Learn how to make decisions that are educationally and legally sound.
- ▶ Receive a certificate of completion.

Go to <http://usafefmp2021-ds.lrp.com> and self-register for your eCourses. For each eCourse you take you will need a key code which can be found by contacting your local Military Family Readiness Center EFMP Coordinator.



360 Hiatt Drive, Palm Beach Gardens, FL 33418
1-800-315-4577, ext. 6303
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Supporting Active Duty Military Families

The 2014 Florida Legislature authorized individuals who meet the eligibility requirements of 393.065(1), F.S., to receive home and community-based services in this state if the individual's parent or legal guardian is an active duty military service member and, at the time of the service member's transfer to Florida, the individual was receiving home and community-based services in another state. This law became effective on July 1, 2014.

What are the eligibility requirements for APD?

To be eligible for services from the Agency for Persons with Disabilities, the individual must be:

- 3 years of age or older, and have a developmental disability before the age 18
- A Florida resident *
- Diagnosed with one of the following seven developmental disabilities listed in Chapter 393, Florida Statutes: autism, cerebral palsy, intellectual disabilities, Down syndrome, Prader-Willi syndrome, spina bifida, Phelan-McDermid syndrome or children age 3-5 who are at a high risk of a developmental disability

* Effective July 1, 2014, individuals whose parents or legal guardian are in active duty military service are eligible to apply to APD and be enrolled in the iBudget waiver if the person was receiving waiver services from the state they were living in prior to Florida.

What services does APD provide?

The agency provides services that help individuals to live, learn and work in their communities. The types of services that APD provides under the waiver are grouped in eight service families. These are Life Skills Development (companion services, supported employment and adult day training), Supplies and Equipment, Personal Supports (personal care assistance), Residential Services, Support Coordination (Case Management), Therapeutic Supports and Wellness (behavior analysis services, physical therapy, occupational therapy, etc.), Transportation, and Dental Services for adults over the age of 21. For more information go to: <http://apd.myflorida.com/ibudget/docs/services.pdf>

APD does not provide medical services. However, once a person meets Medicaid eligibility, the individual may receive medical services from the Florida Medicaid system operated by the Agency for Health Care Administration. For information on these benefits, please link to: Economic Self Sufficiency (ACCESS) at: <http://www.fdhc.state.fl.us/medicaid/services.shtml>

For Medicaid eligibility, the Department of Children and Families (DCF) is the agency that makes this determination. To apply for Medicaid, please go to the DCF Automated Community Connection to Economic Self Sufficiency (ACCESS) at: <http://www.myflorida.com/accessflorida/>.

FOR FREE
E-LEARNING COURSES
VISIT:

[HTTPS://USAFEFMP2021-DS.LRP.COM](https://usafefmp2021-ds.lrp.com)

OR CONTACT US AT

6FSS.FSH.EFMP@US.AF.MIL

VISIT OUR ONE STOP FOR ALL THINGS EFMP
AT: [HTTPS://MACDILLFSS.COM/EFMP](https://macdillfss.com/efmp)

COMMUNITY PARTNERS & RESOURCES



EFMP & ME
Your Partner in Exceptional Family Support

EFMP & ME

IS A 24/7 RESOURCE FOR EFMP FAMILIES
[HTTPS://EFMPANDME.MILITARYONESOURCE.MIL](https://efmpandme.militaryonesource.mil)

THE CENTER FOR AUTISM & RELATED DISABILITIES AT USF

IS A COMMUNITY-BASED PROJECT THAT PROVIDES INFORMATION AND CONSULTATION TO INDIVIDUALS DIAGNOSED WITH AUTISM SPECTRUM DISORDERS AND RELATED DISABILITIES. CARD-USFOFFERS INSTRUCTION AND COACHING TO FAMILIES AND PROFESSIONALS.

CENTER FOR AUTISM & RELATED DISABILITIES
DEPARTMENT OF CHILD & FAMILY STUDIES
COLLEGE OF BEHAVIORAL & COMMUNITY SCIENCES
UNIVERSITY OF SOUTH FLORIDA

13301 BRUCE B. DOWNS BLVD. MHC 2113A
TAMPA, FL 33612-3899 PHONE: (813) 974-2532
FAX: (813) 905-9812 TOLL-FREE FLORIDA ONLY:
1-800-333-4530
EMAIL: CARD-USF@USF.EDU



FREE
TUTORING
FOR MILITARY
FAMILIES &
DOD!



813-816-3061
813-210-7822

COMMUNITY PARTNERS, RESOURCES & SERVICES

HOW CAN BASE LEGAL ASSIST MY FAMILY?

Attorneys can help families navigate **SPECIAL EDUCATION** legal issues for students whose educational performance is adversely impacted by their disabilities

Examples:

- Individualized Education Program (IEP) Disputes
- Transfers of IEPs and accommodation
- Education disputes and remedies
- Understanding parental rights

For more information about the below referenced services or contact information for representatives in your local area, please scan these codes:

EFMP Family Support Coordinator
Oversee identification, enrollment & resources for military families with special needs to help them understand and navigate systems of care

School Liaison Office
They provide education services for PreK-12 Students, Families and Educators serving military connected students

Legal Assistance Office
Available to provide legal advice and counseling to Airmen and Guardians of students whose educational performance is impacted by their disabilities

DAF Family Vector Video Library
Contains a series of short videos explaining terms and topics of interest for EFMP military families related to special education law, and other areas

Prepared by the **EFMP Legal Assistance and Policy Branch**
for more information contact us at: AF_EFMP_LegalAsstPolicy@us.af.mil



Legal Assistance
on
SPECIAL EDUCATION
for
Military Families

Prepared by: Ms. Sharon Ackah (AF/JACA), sharon.ackah@us.af.mil, (210) 380-4559

**RUSKIN SERVICES:
TO SCHEDULE AN
APPOINTMENT CALL 813-
328-0145. WALK-INS ALSO
AVAILABLE 800-1600.**

**MILITARY
CHILDCARE dot COM**

THE HIDDEN DISABILITIES SUNFLOWER IS A SIMPLE TOOL FOR YOU TO VOLUNTARILY SHARE THAT YOU HAVE A DISABILITY OR CONDITION THAT MAY NOT BE IMMEDIATELY APPARENT - AND THAT YOU MAY NEED A HELPING HAND, UNDERSTANDING, OR MORE TO INCLUDE TIME IN SHOPS, AT WORK, ON TRANSPORT, OR IN PUBLIC SPACES.

STAY CONNECTED!
JOIN OUR
MACDILL AFB EFMP
FACEBOOK PAGE

Sunflower Lanyard

