Breakfast Sandwiches

(Served ALL Day)

Breakfast Burrito (Bacon, Egg & Cheese)

	\$2.25ea/Two for	\$3.50
Sausage & Egg Bagel		\$3.25
Sausage Biscuit		\$2.25
Bacon, Egg & Cheese	Biscuit	\$3.50
Sausage & Egg Biscui	it	\$3.25

Jimmy Dean Breakfast Bowls

Turkey Sausage*\$4.75Savory combo of turkey sausage, scrambled eggwhites, potatoes and reduced-fat cheeseBacon*\$4.75Savory bacon, eggs, potatoes and cheddar cheese

Power Eats Breakfast "Fit" Bowl \$4.75

Quinoa, Scrambled Eggs, Topped with Cilantro, Onions, Red & Green Peppers Add Greek Yogurt with a Sprinkle of Southwest Seasoning • 75¢ Add Jalapeño • 50¢ Add Bacon • 75¢

Bakery Delights

Baked Hot & Fresh All Day Long Bagels (Plain, Cinnamon or Blueberry) \$1.95 Served with Cream Cheese (Reg /Strawberry) Muffins \$1.95 (Blueberry, Bran, Double Chocolate & Banana Nut) Danish \$1.95 Cookies \$1.25 each or 3 for \$3.25 (Oatmeal, Chocolate Chip and Peanut Butter)

Grab & Go Snacks

Fresh Fruit Cup \$2.95 Pineapple, Cantaloupe, Strawberry or Seasonal Fruits Yogurts \$1.50 **Boiled Eggs** (2) \$1.50 \$1.00 Granola Bars **Cinnamon Apple Oatmeal** \$2.25 Candy* Sour Brite Crawlers \$2.25 \$1.50 M&M's Skittles \$1.95 Kit Kat \$1.50 \$1.50 Snickers **Rice Krispy Treats** \$1.00 \$1.50 Twix Starburst \$1.95 *Items NOT authorized for ESM users



Breakaway Event Center) for conferences/meetings/events is also available, and all catered events are supported by our dedicated Catering professionals. Looking to welcome your out of town guests and network prior to your event kick off. Then, The Brews of the Bay Bar at the Lodging facility is the perfect place for both catered and No Host Socials. *Please Contact Us for All Your Catering Needs at* (813) 840-2020 or email *6FSS.2.brewscatering@us.af.mil We look forward to serving you!*

We Proudly Brew Starbucks & Serve the Finest Craft Brews



Event Catering at... Breakaway Event Center Rickenbacker's – Brews of the Bay Conference Support Delivery to Your On-Base Venue *Davis Conference Center, Base Theater and Other Base Venues

> We Deliver!

are the Responsibility of the Event Coordinator

MacDill AFB



Located in the lobby of the MacDill Inn



ESM Meal Cards Accepted!* *Not valid for Venti (20oz), Energy Drinks or Alcoholic Beverages, Jimmy Dean Breakfast Bowls & Candy

7637 Bayshore Blvd., Bldg. 350 MacDill AFB, FL 33621

(813) 828-RICK (7425)



Text MACFOOD to 95577

for event reminders, specials & more for Rickenbacker's, SeaScapes, FitStop, Boomers Bar & Grill, Breakaway Event Center, Hangar 6 Grill, 8 Iron Grill, and DFAC!



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rev. 10/13/23

EVERYONE WELCOME!

MacDill AFB



Located in the lobby of the MacDill Inn

Monday-Friday open 7am-2:30pm Saturday & Sunday open 7am-2pm

> Bar open 7 Days a Week 3-10pm Local Brews & Beverages

Gourmet Coffee & Tea Espresso • Frappuccino's Bakery Delights • Breakfast Sandwiches Grab & Go Snacks Deli Sandwiches

WE ACCEPT ESM MEAL CARDS!



(813) 828-RICK (7425)

MACDILL AIR FORCE BASE

DRU

SUPPORT SQUADRON

Espresso		Tall (12oz) G	irande (16oz)	Venti (20oz)			
Café Latte		\$3.00	\$3.50	\$4.25			
Café Mocha		\$3.75	\$4.50	\$4.95			
Caffé Americano		\$2.45	\$2.75	\$3.25			
Espresso, Macchiato		\$3.75	\$4.50	\$4.95			
Caramel Macchiato		\$3.75	\$4.50	\$4.95			
White Chocolate Moch	а	\$3.75	\$4.50	\$4.95 OUDLY			
White Chocolate Mocha\$3.75\$4.50Frappuccino's – Available 16oz only • \$4.50\$4.50Crème Blended Coffee BeverageCoffee, Mocha, Caramel, Strawberries & Crème, Vanilla Bean							
Gourmet Coffee		Hot Teas/Coffee Alte	ernatives				
Tall \$1.95 Grande	\$2.45	Tazo Hot Tea	\$2.25	\$2.75	\$2.95		
Venti \$2.95 House B	lend	Tazo & Chai	\$3.50	\$3.95	\$4.25		
Featured Daily Brew		Hot Chocolate	\$1.50	\$1.95	\$2.45		
 Regular or Decaf 		Matcha Tea Latte	\$2.75	\$3.00	\$3.95		
Beverages/Juices Cold Coffee Alternatives							
Bottled Soda (20oz)	\$1.95	Iced Cappuccino	\$2.75	\$3.25	\$3.95		
Bottled Water	\$1.50	Iced Tazo & Chai	\$1.75	\$1.95	\$2.45		
Gatorade	\$1.75	Iced Mocha	\$3.50	\$4.25	\$4.75		
Orange Juice (10oz)	\$1.75	Iced Caramel Macchiat	to \$3.50	\$4.25	\$4.75		
Orange Juice (16oz)	\$2.95	Iced White Chocolate I	Mocha \$3.50	\$4.25	\$4.75		
		Iced Caffé Americano	\$2.25	\$2.75	\$3.25		
Ask About Our Extra Shots: 75¢ Espresso							
Monthly Specials! 75¢ Syrup & Sauces:							
Sauces: Chocolate, Caramel, White Chocolate Mocha Syrups: Almond, Amaretto, Caramel, Cinnamon Sugar Free: Caramel, Hazelnut, Raspberry, Vanilla							
Reduce Waste & Save! Reusable Cup \$1.75 Save 10¢ (and a paper cup) every time you use it.Image: Cup Save Save Save Save Save Save Save Save							
Join the Coffee Club! Buy 9 Coffees, Get the 10th FREE!							

Deli Sandwiches All Deli Sandwiches are Served Cold or Hot Pressed on Our Panini Grill by Request. Includes Lettuce, Sliced Tomato, Red Onion and Dill Pickle Spear. Add Chips 75ϕ • Add Xtra Cheese 50ϕ **Ham & Cheese** \$4.75 Beefeaters \$5.95 **Ham & Turkey** \$5.75 Cuban \$6.50 MacDill Club Ask About Our \$6.50 Monthly Specials! Grilled Cheese \$2.95 **Breads/Cheese Selections** Breads: Wheat, White, Rye, Sour Dough **Cheeses:** American, Swiss, Pepper Jack, Provolone, Cheddar **Chicken & Cheese Quesadilla** with Salsa & Sour Cream Single Stack (4pcs) – \$4.75 Double Stack (8pcs) – \$8.50 Salads – The Lighter Side Garden Salad Small \$2.75 Large \$4.25 Fresh Array of Greens with Shredded Carrot, Tomatoes and Cucumber **Grilled Chicken Caesar** \$5.95 Fresh Greens with Tomatoes. Parmesan Cheese. Croûtons and Grilled Chicken Chef Salad \$6.50 Fresh Greens with Ham, Turkey, Cheese, Tomatoes, Carrots and Croûtons Dressings: Caesar, Italian, Ranch, Blue Cheese, Balsamic Vinaigrette **XTRAS** Croûtons 75¢ \$1.00 Dressing Chips (Reg) 75¢ Starbucks BBQ Kettle Chips \$1.50 **Starbucks Buttered Popcorn** \$1.50 ESM Welcome!



Quinoa Bowls...

A quick & easy way to enjoy a meal when on the go. HEALTHY EATING MADE EASY! Southwestern

Enjoy a little slice of the southwest with this healthy quinoa bowl! Quinoa & kale start this bowl off right with black beans, corn, peppers and onions, complete with guacamole and salsa! Served with chipotle ranch dressing. Grab yours today for \$6.75

Greek Island

Enjoy a refreshing taste of the Mediterranean with our Greek guinoa bowl! Complete with sliced black olives, diced red onions and roma tomatoes, feta cheese and topped with a pepperoncini and a lemon dill dressing. \$6.75

Mandarin

Mandarin oranges, quinoa, shoestring carrots, diced green onion, sesame seeds and chicken. Served with Asian dressing. \$6.75

Summer Blend

Summer's here with our Summer quinoa bowl! Cherry tomatoes, corn, peppers & onions, topped with feta cheese and a drizzle of lemon dill vinaigrette dressing refreshes any hot, swampy day. Served on a quinoa-kale mix. \$6.95

Rickenbacker's Superfood

Grab your essential vitamins and protein before a workout, or after, to replenish some of those essential nutrients. Quinoa, spinach/kale and avocado. Choice of dressing. Protein choice of chicken (\$7.95) or salmon (\$8.50)

Specialty Dressings Exclusive to the Bowl...

Lemon Dill Vinaigrette • Chipotle Ranch AsianItalian Herb • Greek Feta Raspberry Honey Vinaigrette Extra Dressing 75¢ Add Chicken \$1.50 • Add Salmon \$1.75 Add Hard Boiled Egg 75¢