



**2 DATES TO  
CHOOSE FROM!**



# Stand-Up Paddle Board Class

**GANDY BEACH**

**July 20th & 21st • 10am-2pm**

**Cost: \$50 • R4R: \$5**

Acquire fundamental paddle strokes, hone maneuvering techniques, improve balance, and embrace essential safety practices, all under the guidance of a skilled paddle board instructor during this class. The Basic Skills Paddleboarding Class is well-suited for beginners and can also serve as a valuable refresher for those who only paddle occasionally. Transportation will depart on the day of the trip at 9:30am from the main FamCamp office and take participants to the class on Gandy Beach.

7 slots available each day  
*Please bring snacks, water, a towel,  
sunscreen and a change of clothes*

\*For active duty/retired and their dependents only.

\*R4R prices are for active-duty airmen (other branches of military qualify if permanently stationed at MacDill AFB)

\*Trips are open to active duty, retirees and veterans and DOD Civilians at regular price.

 **Call to book a trip. (813) 840-6919/6920,  
(813) 828-4983, (813) 840-1513 and (813) 512-6710**

 **macdillfss.com**

