

DEPARTMENT OF THE AIR FORCE



FITNESS & SPORTS

**Runners
& Walkers
Welcome!**



THURS, NOV 16 • 7AM

WARM-UP STARTS AT 6:45AM

AT THE SHORT FITNESS CENTER

PRIZES FOR FIRST PLACE FEMALE & MALE IN BOTH THE 3K & 5K (4 PRIZES TOTAL)

WEAR PTS OR CAUSAL FITNESS ATTIRE IN FALL COLORS; FESTIVE ATTIRE ENCOURAGED

SNACKS & REFRESHMENTS PROVIDED | VOLUNTEER RECOGNITION FOLLOWING THE RACE

**FIRST
COMMAND**
Get Squared Away

For More Info Call:

828-4496

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