

STUCK WITH YOUR RUCK

Friday, June 28 | 7AM
Bayshore Trail,

Start near Bayshore Gate, and Ruck/Walk to the Golf Course (halfway) and then return to the start near Bayshore Gate.

Wear fitness/PT attire and bring your own ruck. You will determine your ruck's weight. Be sure to bring water and stay hydrated. Sunscreen and bug spray are encouraged. Prizes for fastest Female and Male Ruckers.

