

JUNE 2026

- Children/Family
- Employment
- Personal Finance
- Relocation
- Readiness/ Deployment
- Transition (TAP)
- Volunteer (VOL)

MILITARY AND FAMILY READINESS

Macdillfss.com/military-family-readiness

  @macdillfss 813-828-0145



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 TAP Pre-Sep (SEP) 9am-12:30pm	2	3	4 Newcomers Briefing 7:30-12:00pm Coffee and Connections 8:30-10:15am EFMP/Hearts Apart: Yoga 7:30pm Pre-deployment 1pm	5 Reintegration 9am	6
	TAP Workshop 8am-4pm			TAP Employment 8am-4pm		
7	8 TAP Pre-Sep (RET) 9am-12:30pm	9 Bundles for babies 8:30pm Reintegration 9am EFMP: 201 Transitions 10:30am Sponsorship Training 1pm	10 Dorm Departure 9am	11 Estate planning 1:00pm-2:30pm Pre-deployment 1pm	12 Reintegration 9am Initial Volunteer 7pm	13
		Vocational 8am-4pm				
14	15 TAP Pre-Sep (SEP) 9am-12:30pm Resume/Interview 1pm	16 Reintegration 9am Federal Employment 1pm Hurricane Prep 10:00am-12:00pm	17 TAP Pre-Sep (RET) 9am-12:30pm EFMP: 101 Orientation 10am	18 Pre-arrival (via TEAMS) 1pm Pre-deployment 1pm	19 CLOSED	20
21	22 TAP Pre-Sep (SEP) 9am-12:30pm	23 Reintegration 9am	24 Dorm Departure 9am TAP Pre-Sep (RET) 9am-12:30pm	25 Understanding TSP 11am Pre-deployment 1pm	26 Reintegration 9am LinkedIn 9am-4pm	27
	TAP Workshop 8am-4pm			TAP Employment 8am-4pm		
28	29	30 Reintegration 9am				

Calendar and Class schedules are subject to change without notice



CHILDREN/FAMILIES

04 JUN., EFMP/ Hearts Apart: Wellness Yoga, 7:30pm –8:30pm

Wellness focused yoga session for adults will allow participants to learn stress-relief techniques, improve mental/emotional health and learn a valuable self-care skill. Yoga mini kit for each participant will allow for those techniques learned to be ongoing.

09 JUN, EFMP: 201 Transitions, 10:30am – 12:30pm

The purpose of this briefing is to provide EFMP families orientation & transitioning military and/or those who have dependents with special needs information on services and resources to help prepare and ensure the needs of their special needs family members are met. Participating agencies are Tricare, EFMP FS, EFMP Medical, SLO, Agency for Persons with Disabilities, and Special Needs Alliance.

17 JUN, EFMP: 101 Orientation, 10:00am-11:00am

The purpose of this briefing is to provide EFMP families orientation & transitioning military and/or those who have dependents with special needs information on services and resources to help prepare and ensure the needs of their special needs family members are met. Participating agencies are Tricare, EFMP FS, EFMP Medical, SLO, Agency for Persons with Disabilities, and Special Needs Alliance.

EMPLOYMENT

15 JUN, Resume Writing 101-Private Industry and Interviewing Skills, 1:00pm – 3:30pm

This workshop helps you create a resume that will get you the interview. Learn the basic resume constructions and different formats for targeting good employment opportunities and cover letters that get the employer's attention. Learn the techniques involved in the interviewing process and how to handle salary issues and questions.

16 JUN, Federal Employment Workshop, 1:00pm – 3:00pm

This workshop helps you create a resume that will get your resume to the hiring manager's desk! Learn the basic resume constructions and different formats for targeting good employment opportunities and learn how to navigate the USA Jobs website from beginning of application to submission and beyond.

26 JUN, LinkedIn, 9:00am – 4:00pm

Unlock the secrets of LinkedIn by building and maximizing a profile and learn how to job search and network effectively through the #1 professional networking social media site. Professional and complimentary head shot is included. (This class is held in Ybor City, not on MacDill)

READINESS/DEPLOYMENT

Pre-Deployment/Remote Tour Briefing, Thursday, 1:00pm – 2:00pm

This briefing covers multiple topics to include, emotional cycles of deployment/unaccompanied tour, family, and support services offered to deployed/remote tour members and their families. Spouses are highly encouraged to attend our weekly briefings. Email 6FSS.FSH.MFReadiness@us.af.mil to register.

Reintegration, Tuesday and Friday, 9:00am

Location is the Bldg 18 training room. Prior registration required. UDMs please email 6fss.fsh.mfreadiness@us.af.mil. This briefing covers successful strategies on return/reintegration, along with instructions on how to complete the checklist.

VOLUNTEER PROGRAM (VOL)

Initial Volunteer training occurs every second Friday of the month at 1pm at M&FRC Train on VMIS procedures and volunteer program guidance.

To Register for Classes
Call: (813)828-0145

PERSONAL FINANCE

09 JUN., Bundles for Babies, 8:30am -12:30pm

Representatives from multiple base agencies will provide information and services to assist participants in preparing for the arrival of their new baby. During this workshop, you will receive a Bundle of information, resources, and a special gift. Satisfies the Birth of First Child Financial Readiness Touchpoint.

10 JUN & 24 JUN., Dorm Departure, 9:00am-10:00am

Departure Program (D2 Program) Preparing servicemembers to successfully transition to independent living. This class is designed to assist in researching, saving, and planning for your new space. Workshop held in the dorms at the Cyber Café.

11 JUN., Estate Planning, 1:00pm- 2:30pm

Discover the benefits of estate planning. Learn the various components that make up an individual's estate such as wills, life insurance, bank, property, and investment accounts and what happens to an estate after death.

25 JUN., PFR Understanding TSP, 11am – 12pm

How much do you really know and understand about the Thrift Savings Plan? Join the M&FRC as we discuss the ins and outs of TSP. This class is for military and civilian TSP investors

RELOCATION

04 JUN., Newcomers Orientation, 7:30am – 12:00pm

Mandatory briefing for new personnel arriving at MacDill. This workshop covers information specific to MacDill, the local community, and provides helpful resources. Spouses are encouraged to attend.

04 JUN., Coffee and New Connections, 8:30am-10:15am

Join us for a warm cup and great conversations followed by learning about resources and support here at MacDill. (Children welcome)

09 JUN., Sponsorship Training, 1:00pm—2:00pm

Have you been assigned as a Sponsor to an inbound member? Come complete your mandatory sponsorship training and receive education on how to ensure our newest members have a great first impression of MacDill.

18 JUN., Pre-Arrival Orientation (Via TEAMS), 1:00pm-2:30pm

In-bound SMS and their families will learn about the installation, local resources, and unique opportunities specific to MacDill. **Does not satisfy Newcomers requirement**

16 JUN., Hurricane Prep, 10:00am-12:00pm

MacDill specific information to prepare members for hurricane season. Topics include Emergency Mngt, finances, housing, dealing with stress during a natural disaster and much more.

TRANSITION ASSISTANCE PROGRAM (TAP)

To start TAP visit: <https://macdillfss.com/starting-tap/> or email: 6fss.fsh.tap@us.af.mil

Initial Counseling / PreSep Counseling

Every Monday (SEP) & Wednesday (RET), 9am – 12:30pm

TAP Workshops

1-3 June & 22-24 June from 8:00am—4:00pm

Employment Track

4-5 June & 25-26 JUN from 8:00am - 4:00pm

Vocational Track

10-11 June from 9:00am-4:00pm

