

## The Links

Beef Hot Dog	2.50
Smoked Sausage	3.25
Hot Link	4.00

*Grilled onions upon request*

## Putts-n-Chips

(Sides & Bowls)

Fries or Sweet Potato Fries	2.25
Onion Rings	2.75
Chips	1.25
Soup of Day	2.75
Cup of Chili	2.95
Side Salad	1.75
Fresh Fruit Cups	2.95

## Mini Golfers

Children under 12yrs old

*Includes cookie or seasonal fruit & a small fountain drink*

Fries n' Chicken Strips (2)	5.50
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*Choice of sauce: sweet-n-sour, BBQ or ranch*

Fries n' Slider (1) Plain or cheeseburger	5.95
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## Refueling Station

Medium Fountain Drink (12oz)	1.25
Large Fountain Drink (16oz)	1.50
Iced Tea	1.50
Bottled Water	1.50
Bottled Soda/Gatorade	1.75
Coffee	1.50
Coffee Refill	.75
Hot Tea	2.50
Orange Juice	1.75

## Swing Oil

Domestic Beer - Draft	3.25
Domestic Beer - Pitcher	5.95
Domestic Beer - Can	3.25
Premium on Tap	5.50
Craft on Tap	6.25
Wine	3.00

## "Grab & Go" Available

Salads, Deli Sandwiches, Power Eats Bowls,  
Chips, Snacks & MORE!



**8 Iron Grill**

(813) 828-1507

1803 Golf Course Ave, Bldg. 726

MacDill AFB, FL • 33621



www.macdillfss.com

rev. 10/06/20

BAY PALMS GOLF COMPLEX



Breakfast • Lunch • Grab & Go



Open Tue-Sun

Breakfast served 6:30-10:30am

Grill open 10:30am-1:30pm

Grab & go available 6:30am-1:30pm

Call Ahead Orders & Take-Out Available

(813) 828-1507



We are  
Tax Free!

www.macdillfss.com

## The First Tee

Breakfast served 6:30-10:30am

<b>SOS</b>	4.95
<i>Country sausage gravy served on a biscuit, toast or hashbrowns</i>	
<b>Hole-in-ONE</b>	5.25
<i>Two eggs cooked to-order, hashbrowns, choice of meat and toast, biscuit or English muffin</i>	
<b>Pancake Plate</b>	4.50
<i>2 fluffy pancakes &amp; syrup, 2 eggs cooked-to-order and choice of meat</i>	
<b>Breakfast Sandwich</b>	3.75
<i>Egg, choice of meat, cheese and choice of bread or English muffin</i>	

### Have it Your Way

**Breakfast Burrito** (12" tortilla)  
*Served with Salsa*

**Egg Omelet**  
*3-Egg*

<b>Bomber</b>	3.95
<i>Eggs, hashbrowns, choice of meat &amp; cheese</i>	
<b>8 IRON</b>	3.00
<i>Eggs, choice of meat &amp; cheese</i>	
<b>Deluxe</b>	4.25
<i>Eggs, bell peppers, onions, tomatoes, choice of meat &amp; cheese</i>	
<b>Greenskeeper*</b>	4.00
<i>Egg whites, bell pepper, tomatoes, onions and cheese</i>	

### XTRAS

<u>Meats:</u> Sausage 1.50, Bacon 1.00, Turkey Links 1.25 or Ham 1.50	
Toast (White or Wheat), Biscuit, or English Muffin with Jelly	1.25
Cereal with Milk	2.75
Oatmeal	2.25
Home-Style Grits	1.50
Hashbrowns	1.50
Muffins/Pastries	1.75
Fresh Fruit Cups	2.95
Hard Boiled Egg or Egg-to-Order	1.25
Pancakes (3) with Syrup	2.25

Grill open 10:30am-1:30pm  
Grab & go available 6:30am-1:30pm

## The Birdie "Chicken your Way"

*All served with choice of garden salad, fries or sweet potato fries*

 <b>Marinated Grilled Chicken Breast</b>	7.25
<i>Fresh chicken breast marinated in Italian dressing served with lettuce &amp; tomatoes on a Kaiser Bun</i>	
<b>ChickieBlue</b>	7.50
<i>Grilled fresh chicken breast topped with ham and melted Swiss cheese served with lettuce &amp; tomatoes on a Kaiser bun</i>	
<b>Buffalo Chicken Wrap</b>	6.50
<i>Crisp chicken tenders, lettuce &amp; tomato, blue cheese dressing and buffalo sauce wrapped in a flour tortilla</i>	
<b>Plant Based Nuggets*</b> (4) (Meatless)	5.75
<b>Chicken Strips</b> (4)	5.50
<i>Choice of sauce: sweet-n-sour, buffalo, BBQ or ranch</i>	

## All About the Greens


### Power Eats Quinoa Bowls

<b>Summer Blend*</b>	6.75
<i>Cherry tomatoes, corn, peppers &amp; onions, topped with feta cheese and a drizzle of lemon dill vinaigrette dressing refreshes any hot day. Served on a quinoa-kale mix.</i>	
<b>Mandarin*</b>	6.75
<i>Mandarin oranges, quinoa, shoestring carrots, diced green onion, sesame seeds and chicken. Served with Asian dressing.</i>	

### 8 Iron Salads

<b>Grilled Chicken Caesar</b>	5.95
<i>Fresh greens with tomatoes, parmesan cheese, croutons and grilled chicken</i>	
<b>Garden Salad</b>	3.75
<i>Fresh array of greens with shredded carrot and tomatoes</i>	

### Keto Plates

<b>Tuna Salad with Boiled Eggs*</b>	5.50
<i>Tuna with mayonnaise, celery and scallions, lemon zest, mustard, eggs, romaine lettuce, cherry tomatoes and olive oil.</i>	
 <b>Chicken Fajita Bowl*</b>	5.95
<i>Romaine lettuce, cherry tomatoes, avocado, cilantro, tex-mex chicken, onion, green bell pepper, Mexican cheese and sour cream.</i>	


\*Smart Fueling Initiative

## On Fire – Steak Burgers & Buns

*All burgers served with lettuce, tomatoes and grilled red onions (optional) on a Kaiser Bun*

*Choice of cheese: Swiss, American or Provolone*

*All served with choice of garden salad, fries or sweet potato fries*

<b>Steak Burger – Plain or with Cheese</b>	6.50
<b>BacoNation</b>	7.25
<i>Bacon &amp; choice of cheese</i>	
<b>Cordon Blue</b>	6.95
<i>Ham &amp; Swiss cheese grilled on burger</i>	
<b>In-the-Dark</b>	6.95
<i>Grilled mushrooms &amp; provolone cheese</i>	
 <b>Blue n' Onion Burger</b>	7.50
<i>Blue cheese crumbles &amp; crisp onion rings</i>	
<b>Flight of Burgers</b> (3 sliders)	7.25
<i>Choose 3 of your favorite toppings.</i>	
<b>Turkey Burger*</b>	5.50
<b>Beyond Burger*</b> (Plant based)	6.95



### Beef Up Your Burger Toppings

75¢ each

*Bacon, jalapeños, sautéed mushrooms, grilled onions, extra cheese or sautéed peppers*

## The SandWedge

*All served with choice of garden salad, fries or sweet potato fries*

 <b>Texas Toast Grilled Cheese</b>	3.25
<i>No slices here - Chunks of cheddar!</i>	
<b>Add Ham or Turkey</b>	+ 1.50
<b>Philly Cheese Steak</b>	6.50
<i>Thinly sliced sirloin, sautéed onions &amp; peppers, provolone cheese on a hoagie roll</i>	
<b>The Club</b>	5.75
<i>Roasted turkey, ham, bacon, lettuce, tomato, cheese and mayo served on choice of toasted bread</i>	
 <b>Cubano</b>	5.95
<i>Ham, salami, pork, Swiss cheese, lettuce, tomato, pickles, red onion on pressed Cuban bread</i>	
<b>Fish</b>	6.25
<i>Battered white fish sandwich on Kaiser roll served with tartar sauce</i>	

 8 Iron Signature Item