

APRIL 2024

CHILDREN/FAMILIES
EMPLOYMENT
PERSONAL FINANCES
RELOCATION
READINESS/DEPLOYMENT
TRANSITION (TAP)
VOLUNTEER (VOL)

MILITARY & FAMILY READINESS

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SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	1	2 BUNDLES 4 BABIES 8:30AM-12:30PM 2-3 : CAREER & CREDENTIAL EXPLORATIONC - 8AM - 4PM	3 UNDERSTANDING TSP 11AM-12PM	4	5 REINTEGRATION EVERY M/F 9AM	6
7 EFMP/ DEPLOYED QUANTUM LEAP 1:30-3:30PM	8 REINTEGRATION EVERY M/F 9AM TAP PRE SEP (SEP) 12-3:30PM 8 - 10: TAP WORKSHOPS - 8AM - 4PM	9 P WL KEY SPOUSE INITIAL TRAINING 8:30AM-3PM	10 EFMP WELLNESS YOGA 10-11AM REINTEGRATION EVERY WED 10AM TAP PRE SEP (RET) 12-3:30PM	11 PRE-DEPLOYMENT/REMOTE TOUR BRIEFING 1-2PM 11-12 : EMPLOYMENT TRACK - 8AM - 4PM	12 INITIAL VOLUNTEER 1PM REINTEGRATION EVERY M/F 9AM	13
14	15 REINTEGRATION EVERY M/F 9AM INTERVIEW SKILLS 10-11:30AM TAP PRE SEP (SEP) 12-3:30PM RESUME WRITING 101: PRIVATE INDUSTRY 1-3PM	16 16 - 17: BOOTS TO BUSINESS - 8AM - 4PM	17 EFMP PARENT CONNECT 12-1PM DORM DEPARTURE 9-10AM REINTEGRATION EVERY WED 10AM TAP PRE SEP (RET) 12-3:30PM	18 EFMP SPECIAL ED TRAINING FOR PARENTS 11AM-12PM LET'S TALK CREDIT 11AM-12PM FED EMPLOYMENT WORKSHOP 1-3PM PRE-DEPLOYMENT/REMOTE TOUR BRIEFING 1-2PM	19 LINKEDIN 9AM-4PM REINTEGRATION EVERY M/F 9AM	20
21	22 REINTEGRATION EVERY M/F 9AM TAP PRE SEP (SEP) 12-3:30PM 22 - 24 : TAP WORKSHOPS - 8AM - 4PM	23 P WL QUARTERLY KEY SPOUSE TRAINING 6-7:30PM	24 SPOUSE REINTEGRATION EVERY 3RD WED 1-2PM TAP PRE SEP (RET) 12-3:30PM	25 CAREER FAIR 11AM-2PM PRE-DEPLOYMENT/REMOTE TOUR BRIEFING 1-2PM 25-26 : EMPLOYMENT TRACK - 8AM - 4PM	26 REINTEGRATION EVERY M/F 9AM	27
28 31	29 REINTEGRATION EVERY M/F 9AM TAP PRE SEP (SEP) 12-3:30PM April 30-May 1 : CAREER & CREDENTIAL EXPLORATIONC - 8AM - 4PM	30				

CALENDAR & CLASS SCHEDULES ARE SUBJECT TO CHANGE WITHOUT NOTICE

CHILDREN/FAMILIES

7 April, EFMP FAMILY FUN DAYS: EFMP/Deployed QUANTUM LEAP 1:30P-3:30PM

Family Fun Days are family-oriented events designed to encourage family member interaction and provide invaluable peer-to-peer support. Events feature a lunchtime cookout, pony rides for kids 12 and under, pony painting, equine-themed arts and crafts, and outdoor games of all kinds. These relaxing and fun afternoons provide special bonding time for families experiencing similar circumstances, in a beautiful and emotionally safe space where they can recreate, connect or re-connect and engage with each other.

09 April, PWL Key Spouse Initial Training, 8:30AM – 3PM

Initial training for appointed key spouse.

10 April, EFMP: Wellness Yoga, 10 – 11AM

Wellness focused outdoor yoga session for adults will allow participants to learn stress-relief techniques, improve mental/emotional health and learn a valuable self-care skill. Yoga mini kit for each participant will allow for those techniques learned to be ongoing.

17 April, EFMP: Parent Connect Group, 12 – 1PM

Caregivers of family members with special needs and adults with special needs get to meet, network, and connect with others.

18 April, EFMP: Special Education Training for parents, 11AM – 12PM

Training workshop in partnership with the SLO via ZOOM

23 April, PWL-Quarterly Key Spouse Training, 6-7:30PM

Communication and network opportunity for appointed Wing Key Spouse Mentors with MacDill leaders and each other.

EMPLOYMENT (CALL M&FRC FOR REGISTRATION)

15 April, Interviewing Skills, 10-11:30AM

This workshop helps you learn the techniques involved in the interviewing process and how to handle salary issues and questions.

15 April, Resume Writing 101-Private Industry, 1-3PM

This workshop helps you create a resume that will get you the interview. Learn the basic resume constructions and different formats for targeting good employment opportunities and cover letters that get the employer's attention.

18 April, Federal Employment Workshop, 1-3PM

This workshop helps you create a resume that will get your resume to the hiring manager's desk! Learn the basic resume constructions and different formats for targeting good employment opportunities and learn how to navigate the USA Jobs website from beginning of application to submission and beyond.

19 April, LinkedIn, 9AM-4PM

Unlock the secrets of LinkedIn by building and maximizing your profile, turbo charge your job search and learn how to network effectively through the #1 professional networking social media site.

25 April, Career Fair, 11AM-2PM

Major recruiting event with over 80 employers participating. Bring your federal resume, dress for success, and come prepared with an elevator pitch.

PERSONAL FINANCES

2 April, Bundles 4 Babies, 8:30AM-12:30PM

Representatives from multiple base agencies will provide information and services to assist participants in preparing for the arrival of their new baby. During this workshop, you will receive a Bundle of information, resources, and a special gift. Satisfies the Birth of First Child Financial Readiness Touchpoint.

3 April, PFR Understanding TSP, 11AM-12PM

How much do you really know and understand about the Thrift Savings Plan? Join the M&FRC as we discuss the ins and outs of TSP and BRS. This class is for military and civilian TSP investors. The workshop satisfies the Vesting in TSP Financial Readiness Touchpoint.

17 April, Dorm Departure Program (D2 Program), 9-10AM

Are you planning to move out of the dorms in 3, 6, or even 12 months? This class is designed to assist you in researching, saving, and planning for your new space.

18 April, PFR Let's Talk Credit, 11AM-12PM

Simple techniques can save you thousands of dollars. Join us to discuss ways to improve your credit score, correct misinformation, and obtain your FREE Credit Report Analysis.

READINESS/DEPLOYMENT

Pre-Deployment/Remote Tour Briefing is offered Thursday's, 1-2PM

This briefing covers multiple topics to include, emotional cycles of deployment/unaccompanied tour, family, and support services offered to deployed/remote tour members and their families. Spouses are highly encouraged to attend our weekly briefings. Email 6FSS.FSH.MFReadiness@us.af.mil to register.

Reintegration occurs every Mon, Fri 9AM and Wed 10AM

Location is the Public Health conference room. Member will schedule through Public Health. This briefing covers successful strategies on return/reintegration, along with instructions on how to complete the checklist.

Spouse Reintegration Occurs every 3rd Wednesday of the month, from 1-2PM

The purpose of this briefing is to discuss reintegration strategies.

TRANSITION ASSISTANCE PROGRAM (TAP)

To start TAP visit: macdillfss.com/tap-start/ or email: 6fss.fsh.tap@us.af.mil.

TAP Workshops

April 8-13 & April 22-24 from 8AM – 4PM

Initial & Pre-Separation Counseling

Every Monday (SEP.) & Wednesday (RET.) from 12PM – 3:30PM

Career and Credential Exploration Track

April 2-3 from 8AM – 4PM

Employment Track

April 11-12 & April 25-26 from 8AM – 4PM

Entrepreneur Track (Boots to Business)

April 16-17 from 9AM – 4PM

VOLUNTEER PROGRAM (VOL)

Initial Volunteer training occurs every second Friday of the month at 1PM at M&FRC. Train on VMIS procedures and volunteer program guidance.

**To Register for TAP and
Employment Classes
Call: (813) 828-0145.**

Scan the QR code below
to register for all other
classes.

