

The Links

Beef Hot Dog	3.75
Smoked Sausage	4.75
Hot Link	5.00

Grilled onions upon request

Putts-n-Chips

(Sides & Bowls)

Fries or Sweet Potato Fries	2.75
Onion Rings	3.25
Chips	2.00
Cheez-Its	1.00
Candy	Small \$3.00/Large \$4.00
Soup of Day	3.50
Cup of Chili	4.25
Side Salad	3.50
Fresh Fruit Cup	4.50

Mini Golfers

Children under 12yrs old

Includes cookie or seasonal fruit & a small fountain drink

Fries n' Chicken Strips (2)	7.50
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Choice of sauce: sweet-n-sour, BBQ or ranch

Fries n' Burger Plain or cheeseburger	5.95
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Refueling Station

Medium Fountain Drink (12oz)	2.50
Large Fountain Drink (20oz)	3.25
Tea Bottles	3.25
Juices	2.75
Bottled Water	2.25
Bottled Soda	2.50
Sports Drinks	3.25
Hot Tea	2.50
Coffee	Med 3.00 Lg 3.50
Coffee Refill	.75

Swing Oil

Domestic Beer - Draft	5.00
Domestic Beer - Pitcher	10.95
Domestic Beer - Can	4.50
Premium on Tap	7.00
Premium Beer - Pitcher	15.00
Craft on Tap	6.25
Wine	5.00
Spritzers	6.00
Well Shooters	5.00
Premium Shooters	6.00

"Grab & Go" Available
Salads, Sandwiches, Power Eats Bowls, Snacks & MORE!



8 Iron Grill

(813) 828-1507

1803 Golf Course Ave, Bldg. 726
MacDill AFB, FL • 33621



rev. 7/7/25

BAY PALMS GOLF COMPLEX



Breakfast • Lunch • Grab & Go



OPEN 7 DAYS A WEEK!

Breakfast served 6:30-10:30am

Grill open 10:30am-1:30pm

Grab & go available 6:30am-1:30pm

Call Ahead Orders & Take-Out Available
(813) 828-1507

*We are
Tax Free!*

macdillfss.com

The First Tee

Breakfast served 6:30-10:30am

SOS	6.25
<i>Country sausage gravy served on a biscuit, toast or hashbrowns</i>	
Hole-in-ONE	6.75
<i>Two eggs cooked to-order, hashbrowns, choice of meat and toast, biscuit or English muffin</i>	
Pancake Plate	7.00
<i>2 fluffy pancakes & syrup, 2 eggs cooked-to-order and choice of meat</i>	
Breakfast Sandwich	5.75
<i>Egg, choice of meat, cheese and choice of bread or English muffin</i>	

Have it Your Way

Breakfast Burrito (12" tortilla)

Served with Salsa

Egg Omelet

3-Egg

Bomber	6.75
<i>Eggs, hashbrowns, choice of meat & cheese</i>	
8 IRON	5.25
<i>Eggs, choice of meat & cheese</i>	
Deluxe	7.75
<i>Eggs, bell peppers, onions, tomatoes, choice of meat & cheese</i>	
Greenskeeper*	7.75
<i>Egg whites, bell pepper, tomatoes, onions and cheese</i>	

XTRAS

Meats: Sausage Patty 2.25 Bacon 2.75	
Turkey Links 2.75 Ham 1.75	
Toast (White or Wheat)	2.25
Biscuit or English Muffin with Jelly	1.25
Oatmeal	3.50
Home-Style Grits	2.25
Hashbrowns	2.50
Assorted Pastries	2.25
Fresh Fruit Cup	4.50
Hard Boiled Egg or Egg-to-Order	2.25
Pancakes (3) with Syrup	2.95

Grill open 10:30am-1:30pm

Grab & go available 6:30am-1:30pm

The Birdie "Chicken Your Way"

All served with choice of garden salad, fries or sweet potato fries

 Marinated Grilled Chicken Breast	9.25
<i>Fresh chicken breast marinated in Italian dressing served with lettuce & tomatoes on a Kaiser Bun</i>	
ChickieBlue	9.75
<i>Grilled fresh chicken breast topped with ham and melted Swiss cheese served with lettuce & tomatoes on a Kaiser bun</i>	
Buffalo Chicken Wrap	9.50
<i>Crisp chicken tenders, lettuce & tomato, blue cheese dressing and buffalo sauce wrapped in a flour tortilla</i>	
Plant Based Nuggets* (4) (Meatless)	10.75
Chicken Strips (4)	10.75
<i>Choice of sauce: sweet-n-sour, buffalo, BBQ or ranch</i>	

All About the Greens


Power Eats Quinoa Bowls

Summer Blend*	11.50
<i>Cherry tomatoes, corn, peppers & onions, topped with feta cheese and a drizzle of lemon dill vinaigrette dressing refreshes any hot day. Served on a quinoa-kale mix.</i>	
Mandarin*	11.50
<i>Mandarin oranges, quinoa, shoestring carrots, diced green onion, sesame seeds and chicken. Served with Asian dressing.</i>	

8 Iron Salads

Grilled Chicken Caesar	9.95
<i>Fresh greens with tomatoes, parmesan cheese, croutons and grilled chicken</i>	
Garden Salad	4.50
<i>Fresh array of greens with shredded carrot and tomatoes</i>	

Keto Plates

Tuna Salad with Boiled Eggs*	10.50
<i>Tuna with mayonnaise, celery and scallions, lemon zest, mustard, eggs, romaine lettuce, cherry tomatoes and olive oil.</i>	
 Chicken Fajita Bowl*	12.25
<i>Romaine lettuce, cherry tomatoes, avocado, cilantro, tex-mex chicken, onion, green bell pepper, Mexican cheese and sour cream.</i>	


*Smart Fueling Initiative

On Fire – Steak Burgers & Buns

All burgers served with lettuce, tomatoes, pickles and grilled red onions (optional) on a Kaiser Bun

Choice of cheese: Swiss, American or Provolone

All served with choice of garden salad, fries or sweet potato fries

Steak Burger – Plain or with Cheese	12.50
BacoNation	12.95
<i>Bacon & choice of cheese</i>	
Cordon Blue	10.25
<i>Ham & Swiss cheese grilled on burger</i>	
In-the-Dark	9.75
<i>Grilled mushrooms & provolone cheese</i>	
 Blue n' Onion Burger	11.75
<i>Blue cheese crumbles & crisp onion rings</i>	
Turkey Burger*	9.00
Beyond Burger* (Plant based)	9.75

Beef Up Your Burger Toppings

Bacon 1.75

Jalapeños, sautéed mushrooms, grilled onions, extra cheese or sautéed peppers
75¢ each

The SandWedge


All served with choice of garden salad, fries or sweet potato fries

Philly Cheese Steak	9.25
<i>Thinly sliced sirloin, sautéed onions & peppers, provolone cheese on a hoagie roll</i>	
The Club	9.25
<i>Roasted turkey, ham, bacon, lettuce, tomato, cheese and mayo served on choice of toasted bread</i>	
 Cubano	8.75
<i>Ham, salami, pork, Swiss cheese, lettuce, tomato, pickles, red onion on pressed Cuban bread</i>	
Fish	10.50
<i>Battered white fish sandwich on Kaiser roll served with tartar sauce</i>	

 Texas Toast Grilled Cheese	6.25
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No slices here - Chunks of cheddar! (Does not include a side)

With Ham or Turkey	8.00
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 8 Iron Signature Item